

Dr Eric Spears, DO

Physical Medicine & Rehabilitation (PM&R) Physician, aka Physiatry

CURRENT EMPLOYMENT

CEO, President, & Founder of Spears Pain & Rehab, SC, Inc., Est. 10/25/2023

Completely custom buildout for specialty physician services to be provided at:

3864 Talmadge Rd, Eau Claire, WI 54701

Joined the OakLeaf Medical Network of Physicians 11/25/2023

Officially opened for business on 4/1/2024

Dissatisfied with insurance-driven medical care, I chose to change to a cash pay medical clinic model on 6/2/2025, so I could continue to provide the excellent high-quality care that you deserve. I found that I am incapable of providing mediocre quality care.

Self-employed PM&R Physician

Specialty interests in:

- Rare disease discovery
- Neurological disease diagnosis and management
- Myopathic disease diagnosis and management
- Electromyography (EMG)
- Interventional pain management
- Disability
- Sports medicine

Practice Philosophies:

- A patient's physical symptoms are taken seriously, and almost never "in your head"
- Getting to the correct diagnosis is the most important part of a successful management plan
- Setting goals with patients is essential; otherwise, what exactly am I helping the patient with?
- Understanding you from a zoomed out view - your life circumstances, your family, etc...
- Understanding you from a zoomed in view, all the way down to your genetics if necessary
- Analyzing the combined effects that all organ systems have on your health and function
- No single doctor has the wealth of knowledge available on the internet
- Reading peer-reviewed literature on a continuous basis. 2025 offers more than 2024
- Having my consultation notes open for peer review at any doctor of your request
- Utilization of artificial intelligence reviewed by a physician is a medical breakthrough
- Every patient is a case study if the doctor dives deep enough into your history

PREVIOUS EMPLOYMENT

1. Contract PM&R Physician employed by Prevea Health

1a. Inpatient PM&R physician, Inpatient Rehab Facility (IRF) 3/2019-3/2023

HSHS Sacred Heart Hospital (SHH) - 9th floor inpatient rehab unit

900 W Clairemont Ave

Eau Claire, WI 54701

Achievements:

- Responsible for greater than 99% of IRF admissions, follow up encounters, and discharges during this period of time.
- 90-100% physician rating on Press Ganey Survey dating from 2/2022-2/2023
- High volume coordinating discharge-readmissions between IRF and SHH
- Consulted with OakLeaf Network consulting physicians
- Extensive experience with strokes, spinal cord injuries, traumatic brain injuries, major multiple trauma, critical illness myopathy, end stage heart failure, end stage COPD, and other conditions leading to profound disability
- Mastery of the Epic Electronic Health Record system

1b. Outpatient PM&R physician specialty consultation clinic 3/2019-3/2023

Prevea Health

703 W Hamilton Ave

Eau Claire, WI 54701

Achievements:

- Consultation encounters for evaluation and management of chronic pain, neuropathic pain, visceral pain, musculoskeletal injuries, physical rehabilitation, spasticity, and other disabling impairments from medically disabling illnesses
- EMG-guided chemodenervation with botulinum toxin A (such as Botox®)
- Diagnostic musculoskeletal ultrasonography
- Ultrasound guided peripheral nerve blocks
- Ultrasound guided small, medium, and large joint injections
- Electrodiagnostic testing (nerve conduction studies and electromyography (EMG)); estimate 5,000 electrodiagnostic studies in my career
- Preceptor physician for the Prevea Family Medicine Residency Program with outstanding feedback

1c. Inpatient PM&R specialty consultation services HSHS SHH

900 W Clairemont Ave

Eau Claire, WI 54701

Achievements:

- PM&R consultations for hospitalized patients with acute complex disability
- PM&R consultations for complex pain management

3/2019-9/2023

1d. Inpatient PM&R Physician, IRF 3/2019-9/2023

Rehab Hospital of Western Wisconsin

Managed by Encompass Health

Partnership with HSHS SHH

900 W Clairemont Ave

Eau Claire, WI 54701

Achievements:

- Responsible for greater than 99% of total IRF admissions, PM&R encounters, and discharges during this period of time
- Maintained excellent feedback from patients, families, and peers for my dedication to putting quality patient care and safety first

2. Inpatient Rehab Medical Director 3/2019-3/2023

HSHS Sacred Heart Hospital Inpatient Rehab Facility

HSHS Sacred Heart Hospital 9th floor, 12 bed rehab unit

900 W Clairemont Ave

Eau Claire, WI 54701

Achievements:

- 3 years leading daily multidisciplinary morning team huddles with the following disciplines: PT, PTA, PT students, OT, OTA, OT students, SLP, Dietician, Nurse Manager, Charge Nurse, RN, RN students, Residents Physicians, and Case Management, arbitrating discrepancies between disciplines and making executive decisions based on multiple inputs and interactions, but ultimately acting on behalf of the best interest of the patient.
- Maintained an average length of stay of 11 days, shorter than the national average
- Education and direction of staff to deliver and maintain a high standard quality of patient care
- Reviewed appropriateness and medical necessity of all preadmission referrals
- Participated in Parkinson's Support groups and Stroke Support groups

3. Inpatient Rehab Medical Director 3/2023-9/2023

Rehab Hospital of Western Wisconsin

Encompass Health Inpatient Rehabilitation Facility

HSHS Sacred Heart Hospital 8th and 9th floors, 36 bed rehab unit

900 W Clairemont Ave

Eau Claire, WI 54701

Achievements:

- Lead provider in facilitating physician partnership with OakLeaf Medical
- Facilitated policy development and decision making on quality improvement metrics
- Led Medical Executive Committee meetings
- Mastery of the Cerner Electronic Health Record system
- Reviewed appropriateness and medical necessity of all preadmission referrals

POST GRADUATE TRAINING

Physical Medicine & Rehabilitation Residency 6/2014-2/2019

Larkin Community Hospital

South Miami, FL

Achievements:

- 97th percentile nationwide on AAPMR Self Assessment Exam (SAE), achieving highest score in the program's history
- President of PM&R board review class
- Extensive training in electrodiagnostics, musculoskeletal medicine, minimally invasive pain management procedures, pain management, and rehabilitation

EDUCATION

Doctor of Osteopathic Medicine - D.O. Michigan State University College of Osteopathic Medicine

- International Health Project Vice President
 - Student Liaison of Wayne State County Osteopathic Medical Association
 - Elective course in dissecting the neurovasculature of an upper limb, trunk and lower limb
- 2009-2014

Bachelor of Science, Psychology - B.S. Michigan State University
East Lansing, MI

- Minor in Bioethics, Humanities & Society
- Studied Abroad in Madagascar
- Graduated with High Honors
- Science GPA 3.92
- National Honors Society of Collegiate Scholars
2005-2009

SCHOLARLY ACTIVITY

- Complex Regional Pain Syndrome Type 1 refractory to conventional treatment responds to bilateral saphenous nerve blocks: a case report, 2018
- West Palm Beach Veterans Affairs Hospital, PM&R quality improvement project, 2017
- Cardiovascular Research: creating aqueous oxygen hydrate nuclei, 2006

SERVICE EXPERIENCE

- Medical Mission in Belém, Brazil
- Detroit Urban High School Mentoring, Detroit, MI
- Sparrow Hospital Emergency Room Volunteer, Lansing, MI
- Biology Lab Undergraduate Aide
- American Red Cross: Blood Donor Room Aide , Lansing, MI

ADDITIONAL AWARDS & ACHIEVEMENTS

- WEAU-13 Sunshine Award 04/02/2025
- WEAU-13 Sunshine Award 10/31/2024
- WEAU-13 Sunshine Award 07/26/2024
- Board certification in Physical Medicine & Rehabilitation 05/01/2021
- High school men's tennis MHSAA state 2nd place (2003, 2004, 2005)
- High school men's tennis MHSAA state champion (2002)
- SEMTA top 10 ranked tennis player (1990's)
- First degree black belt in Kenpo Karate (1990's)

HOBBIES & INTERESTS

- Michigan State University Club Tennis (2007-2009)
- Musical instruments played: drums, piano, guitar
- Recreations: swimming, biking, hiking, sports
- Building playground parts for my kids
- Electrical projects in my home

PERSONAL

- Chronic back pain since age 14
- Granted a diagnosis of bilateral spondylolisthesis at L4-5 and L5-S1 as a teenager
- Participant in rounds of conservative non-surgical medical treatment with partial success
- Recipient of multiple lumbar epidurals, facet blocks, radiofrequency ablations
- Awarded TLIF spinal fusion to stabilize L4-L5 in 2012 (during medical school)
- Extracurricular education in PT, OT, and postoperative opioid prescriptions
- Mild chronic radiculopathy in my right leg with a mildly impaired gait, loss of ability to run, play sports, or perform medium duty work tasks on a routine basis
- Subsequently found to have three extruded discs in my thoracic spine, mild compression fractures at T12 and L1, and multiple areas of enthesitis
- Ultimately diagnosed with Ankylosing Spondylitis in December, 2014. I am dependent on anti-inflammatory medication, daily exercise, activity modification, mindfulness, and modalities.
- Blessed with the abilities required to perform my job
- Blessed with the ability to understand pain and rehab patients on a deeper level
- Blessed with a loving wife, three small children, and two dogs